

# Cirencester

## Centre Guide



**elac**<sup>🎓</sup>  
study vacations

# Contents

Cirencester	3
Royal Agricultural University	4
Accommodation	5
Meals	6
Medical & Safety Information	7
What to bring	8
General Information	9
Useful Information/Contact	10-14

Accredited by the  
 **BRITISH  
COUNCIL**  
for the teaching  
of English in the UK



# Cirencester

Cirencester is a charming market town with a fascinating history. In Roman times it was the second largest town after London. During the medieval period it became a prosperous wool town. With its honey coloured stone buildings and picturesque narrow streets, it a great place to explore. It has a central Market Place, and many interesting shops and cafes. The surrounding countryside, known as the Cotswolds, provides a beautiful setting.

Some of what Cirencester and the area have to offer:

- Historic narrow streets to explore, including the stunning Church of St John Baptist
- Beautiful surrounding countryside
- Cirencester Park: Earl Bathurst's 3,000 acre estate
- Two indoor swimming pools and an outdoor heated pool
- The Corinium Museum, full of Roman artefacts and a Roman Amphitheatre



# Royal Agricultural University

Our course takes place at Royal Agricultural University, It is the smallest university in the UK but has excellent grounds, buildings and facilities, mixing modern and traditional styles. There are plenty of spacious break-out areas to relax in.

## Location

RAU is a compact campus on the outskirts of Cirencester, a 20 minute walk from the town centre.

## Facilities

### SPORTS

Playing Field  
Tennis Courts  
Sports Hall  
Table Tennis area

### EDUCATIONAL FACILITIES

Spacious Classrooms with interactive whiteboards  
Assembly Hall

### OTHER

Traditional Dining Hall  
Cafe  
Break-out Room



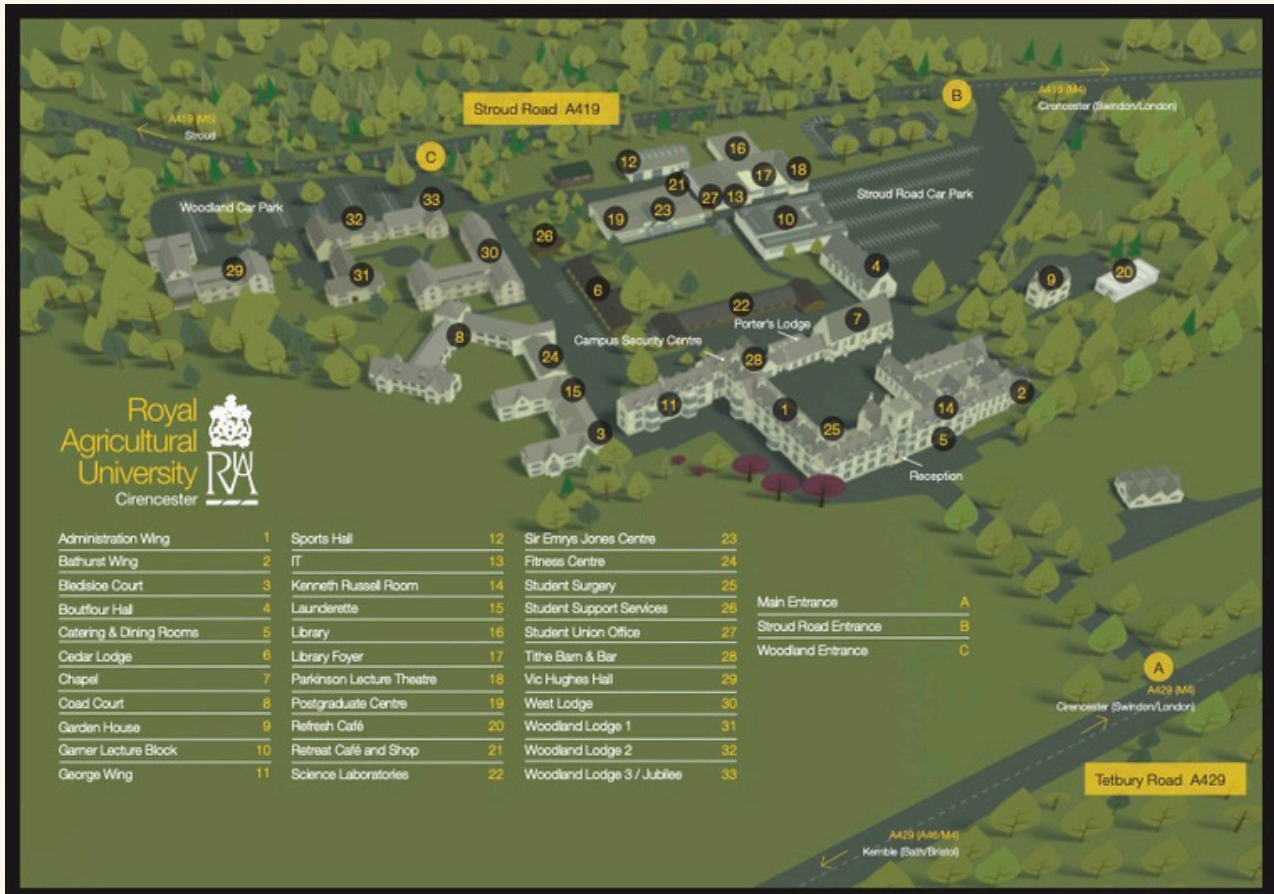


# Residential Accommodation

Accommodation is in different halls of residence close to the bathrooms and main facilities. Rooms are twin, with some ensuite and some with shared bathroom facilities. Rooms have their own sink. Bed linen is changed weekly and towels are provided. Some rooms have disabled access.



# School Map



# Meals



Meals are provided from a servery. There is a choice of food to cater for vegetarians, religious diets, etc. The dining hall is in the traditional part of the building. For educational excursions a packed lunch is provided. Any specific food requirements should be made know to Elac in advance so that caterers can be informed.

Here is a sample menu from Cirencester.

	Day 1	Day 2	Day 3
<b>Breakfast</b>	Tea, Coffee, Fruit Juice, Chilled Water		
	Cereals Toast and Preserves Fruit, Yoghurt Pain au Chocolat Croissant	Cereals Toast and Preserves Fruit, Yoghurt Pain au Chocolat Croissant	Cereals Toast and Preserves Fruit Yoghurt Pain au Chocolat Croissant
	A cooked breakfast is served on Saturday and Sunday		
<b>Lunch</b>	Vegetable Thai Red Curry  Jerk Pulled Jackfruit  Fresh Fruit and Yoghurt	Sweet and Sour Pork  Mixed Bean and Sweet Potato Fricassee  Fresh Fruit and Yoghurt	Supreme of Chicken Breast in Spicy Tomato Sauce  Macaroni Cheese  Fresh Fruit and Yoghurt
	Homemade Soup and Bread, Potatoes, Rice, Noodles, Three Types of Vegetables, Sandwiches, Salad Bar		
<b>Dinner</b>	Pork Steaks with Sage and Onion Gravy  Baked Sea Trout with Basil Oil  Vegetable Pasta Bake	Beef Bolognaise Pasta Bake  Roasted Vegetable & Goats Cheese Tart with Red Onion Chutney  Steamed Peas Savoy Cabbage Garlic Focaccia  Brownie	Traybake Chicken with Dates, Olives & Oregano  Honey Roasted Cumin Carrot, Feta & Apple Filo Tart  Harissa Half Baked Jackets  Watermelon & Mint Salad Herbed Cous Cous  Upsidedown Pineapple Cake
	Salad Bar, Cold or Hot Pudding, Fresh Fruit		

# Medical Care & Wellbeing



Cirencester has a Hospital, a 10 minute drive away, as well as a walk in centre.

There is a local pharmacy nearby if students require medication or advice.. Students must hand all medication to their group leader or the Elac Welfare Officer who will then administer it when required.

A First Aid box is kept in the Elac office and basic kits are taken on all excursions. There are First Aiders on site and Elac also has Mental Health First Aiders in Head Office if needed.

# Safety & Security



- There is CCTV in most external areas around the campus and the accommodation
- Accommodation building access is mostly by electronic key cards (or fobs). A spare is held by our Welfare and Accommodation manager for emergency access.
- Room access is also mostly by key card (or fobs) with some by physical key which again a spare is held by our Manager
- Physical security patrols are done in the evenings and at night by RAU campus security and we are in close communication with them if necessary.
- There is a 24/7 reception/porters lodge in case of any outside hours emergencies as well as our own 24/7 emergency number.

Students must lock all windows on leaving their accommodation and follow security procedures explained on arrival

When out and about, we will explain to students how they can keep themselves and their belongings safe.

# What to bring



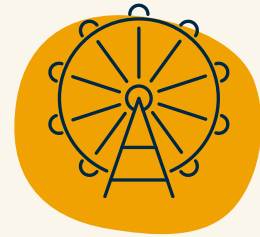
## Documents

- **Passport** and copy of it
- Visa document and copy of it (if required)
- Insurance document (including GHIC card if from EU)
- A copy of any medication prescriptions or certificates
- UK currency - cash and on a pre-paid card



## Clothing Essentials

- Casual clothing
- Trainers
- Sports clothes
- Swimwear
- Swim towel
- Costume for disco/talent show
- Bag for dirty laundry



## For Excursions

- Small backpack/handbag
- Comfortable clothes
- Shoes for walking
- Umbrella
- Waterproof jacket
- Sunglasses & sunscreen



## Toiletries & Medicines

- Toiletries, eg shampoo, soap, toothpaste
- Medicines, eg asthma inhaler, contact lens solution
- Please DON'T bring "disposable" toilet wipes
- Towel (if in residential accommodation)



## Gadgets & Electronics

- Electronic devices (camera, mobile phone, ipad)
- Travel adaptor (UK 3 pin, 13A, 220V - 240V)
- Hair Dryer



## Other required items

- Pencil case
- Pen & Pencil
- Notepad
- Water bottle
- Hand sanitizer
- Any props, costumes or items needed for the Cultural Exchange (Voyagers and Trailblazers)

**Please label all items, in case they get lost**

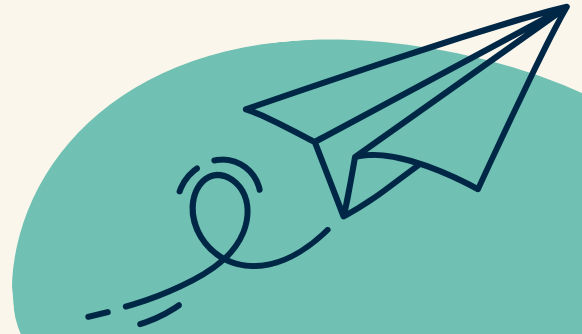


# General Information



## Student ages

- Residential: 11 - 17 years



## Airport Arrivals

Groups and individuals will be met by an Elac representative at the airport.

Travel to the centre will be by private coach or taxi.

Approximate Transfer times:

Bristol (BRS) 1 hour, Heathrow (LHR) 1.5 hours, Birmingham (BHS) 1.5 hours.

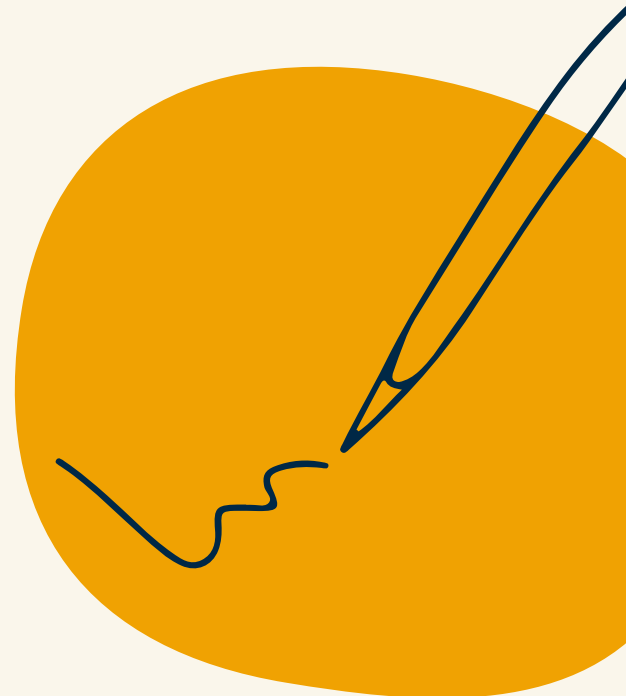
\*Individuals who have booked a shared transfer, may have to wait at the airport for up to 2.5 hours before being taken to the centre.

## Day #1 Welcome & Testing

On the first full day of the programme students will:

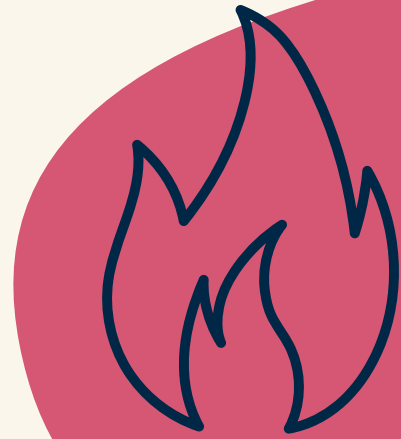
- have a welcome meeting with the Centre Manager,
- an orientation of the centre
- do an English language test (written and spoken)
- have a tour of the local town and some free time.

Students will receive an Elac lanyard with Emergency Contact Card



## Fire Safety

- Fire safety procedures on first day
- Practice fire drill for students.
- Fire signage throughout building
- Group leaders explain safety procedures to students in their own language.



## Mobile Phones

- All mobile phones must be put on silent and placed in the box provided at the front of the classroom at the start of every lesson.
- Mobile phones must not be used during activities unless required as part of the session.
- Staff may confiscate phones if rules are not followed.

## Noise

- Students must keep noise to a minimum when returning to their accommodation
- Curfew is 10pm.



## Damages & Replacements

- Fire alarm set off between 9.00 am and 5.30 pm: £75.00
- Fire alarm set off between 5.30 pm and 9.00 am: £100
- Replacing/refilling fire extinguishers: £100
- Replacement of lost fob/key: £100

The school imposes the above call-out charges for deliberate acts of misuse. Costs for other damages will be handled on a case-by-case basis.

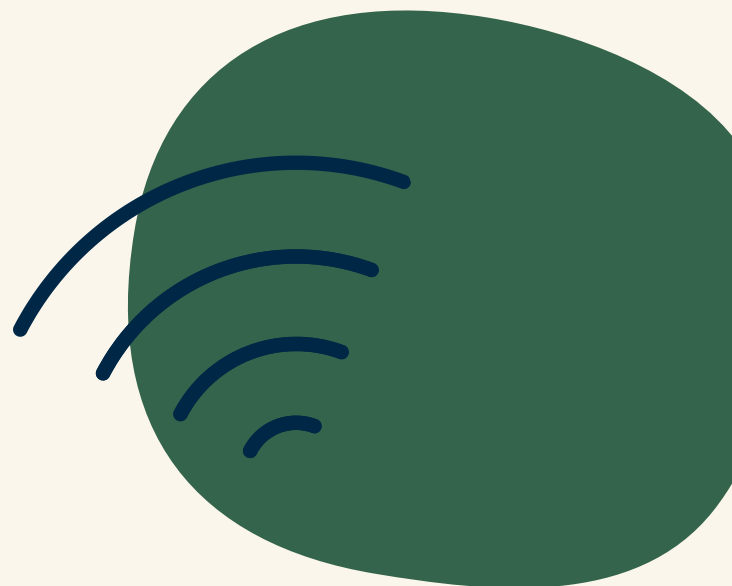


## Smoking, Drugs, Alcohol & Vaping

- It is illegal to smoke in any indoor public places - this includes vaping.
- There is no smoking allowed on the campus.
- No alcohol or drugs are permitted in any of our junior vacation courses regardless of age.

## Computer and WiFi Access

- Wifi available throughout the site
- Student access to computer room during activities.



## Shop

Shop on-site that sells:

- Hot and cold drinks
- Chocolate
- Snacks
- Sweets
- Ice cream

As well as a range of other useful supplies.



## Laundry

- A self-service laundry on site, operated by a pre-paid card available from reception.
- Bed linen is washed once a week. Towels are provided.

## Bank & Post Office

- Selection of banks nearby (Cirencester town centre)
- Post Office in Cirencester
- Alternatively, currency exchange can be done whilst on excursions.



## Hospital & Medical Care

Cirencester Hospital, Tetbury Road,  
Cirencester, GL7 1UY, tel. 0300 421  
6200





## Local Transport

- Taxis: A2B 01285 655651
- Siren Cars: 01285 652388

## Quiet/Multi Faith Room

- All students and Group Leaders can have access to a quiet room for religious observance.
- Please speak to the Elac management team for more information.



## Places of Worship

- St Peter's Catholic Church
- John The Baptist Church
- Cirencester Baptist Church

# Useful information

## Contact numbers

- Elac Cirencester Office: TBC
- Elac 24 hour duty mobile: TBC
- Police, Fire, Ambulance: 999 (emergencies only)
- Police – non emergencies: 101
- Elac Head Office (Bath): +44 1225 443261

## School Address

Elac Study Vacations, c/o Royal Agricultural University,  
Cirencester, Gloucestershire, GL7 6JS

If sending post, please ensure the letter/package is clearly  
labelled with the student's name and group.

## Head office

22 Milsom Street,  
Bath  
BA1 1DE, UK  
Tel. 01225 443261

If you have any queries about this course, please get in touch with our head office.  
Further information and photos can be found on our website ([www.elac.co.uk](http://www.elac.co.uk)).  
We hope you enjoy your course in Cirencester.

**elac.co.uk**

**+44 1225 443261**

**info@elac.co.uk**

